

## **Wednesday Night Teaching Handout**

Wednesday, January 22<sup>nd</sup>, 2020

Teaching Series: Rediscover

Teaching Subject: "Getting the 'DYS' Out of Your Function" - Part 1

Romans 12:4 – 6 Message – "4-6 In this way we are like the various parts of a human body. Each part gets its meaning from the body as a whole, not the other way around. The body we're talking about is Christ's body of chosen people. Each of us finds our meaning and function as a part of his body. But as a chopped-off finger or cut-off toe we wouldn't amount to much, would we? So since we find ourselves fashioned into all these excellently formed and marvelously functioning parts in Christ's body, let's just go ahead and be what we were made to be, without enviously or pridefully comparing ourselves with each other, or trying to be something we aren't."

- Romans 12:4 -5 (NLT) "Just as our bodies have many parts and each part has a special function, so it is with Christ's body. We are many parts of one body, and we all belong to each other."
- <u>Definitions</u>:
  - o (1) DYS = abnormal; bad; difficult; impaired.
  - (2) **FUNCTION** = the action for which a person or thing is specially fitted or used or for which a thing exists: *purpose*.
    - Any of a group of related actions contributing to a larger action; especially the normal and specific contribution of a bodily part to the economy or a living organism.
  - (3) <u>DYSFUNCTION</u> = impaired or abnormal functioning // e.g. gastrointestinal dysfunction; Abnormal or unhealthy interpersonal behavior or interaction within a group // e.g. family dysfunction.

## **GOD'S VISION FOR US!** \_\_ as laborers and leaders to facilitate the \_\_ \_\_ of the Body; Laborers and Leaders facilitate the \_\_\_\_\_ of the Body. It is the place and purpose where we \_\_\_ gifts, graces and God-given abilities to sow, serve, support and supply to the Body for the Body to fully! What should our \_\_\_\_\_ look like? 1st - GEOGRAPHICALLY - God sends and sets us in a \_\_\_\_\_ (a location) within the Body to fulfill His Plan and Purpose within the Body. We work, serve, sow and labor \_\_\_\_\_\_ here @ TWCC! 2<sup>nd</sup> – NUMERICALLY – Our assignment is \_\_\_\_\_ and \_\_\_\_ as Members and Ministers within the Body. Over time we can reach and impact many, many people of all ages, stages, generations, classes, colors and cultures. We make and multiply disciples and develop laborers and leaders! 3rd - SPIRITUALLY - Being connected and committed within the Body and functioning as a vital part of the Body we contribute to the spiritual increase and impact of the Body. We each have a supply to make to the Church Body. Our spiritual supply is the first supply we are to make. This help the Church Body increase spiritually. (Ephesians 4:15 - 16 (NLT)) Our Spiritual Health is Scripturally Measured by: (1) Our \_\_\_\_\_ growing; (2) Our \_\_\_\_\_ abounding towards others and (3) the persecutions and tribulations we \_

(demonstrated patience, constancy, consistency and cheerful endurance). (1 Thessalonians 1:3)

	H? (Read 2 Corinthians 13:5 The Message)	
	se you were planned for God's	
<ul> <li>(2<sup>nd</sup>) Our Life of: Why? Be</li> </ul>	ecause you were formed for God's	
	Because you were created to become like	
o (4th) Our Life of: Why? B	ecause you were shaped for God.	
	Because you were made for a	
	nd growth to determine our full functionality as a	
laborer and leader in the Body of Christ. This is NOT assessing just our coming to Church but our		
BEING the Church in a healthy, productive and fruitful way.		
<ul> <li>4<sup>th</sup> – <u>SCOPE</u> - Serving and feeding people over time; r</li> </ul>		
Local Church Body (Family). (Romans 11:29 (NKJV)		
	and common <u>PURPOSE</u> as a <u>MEMBER</u> and a	
	Word of God: (The out workings of our <i>functionality</i> ):	
	esus tells us to be a for Him.	
	we are to be a Do we think that we	
only have to volunteer or are we call Volunteering is an ACTION.	Serving (genuine Laboring and Leading) is a ATTITUDE – a	
Volunteering is an Action.	humble, Christ-like ATTITUDE.	
Volunteers focus on what they GAVE.	Servants focus on what He (Jesus) gave – which provides the	
V I A	motive and impetus to SERVE.	
Volunteers often keep SCORE. (When you start keeping score, you get frustrated and you get disgruntled and then you start	But Servants (genuine Laborers and Leaders) make SACRIFICES  – based out of love.	
getting discouraged. Don't fall into the trap of keeping SCORE.)	54554 541 51 151 51	
Volunteers are TIME SENSITIVE. (They focus on the time. There will come NEEDS at an inconvenient TIME.	Servants are NEED SENSITIVE.	
Volunteering makes us look GOOD. "Look at me"	HUMBLY SERVING makes God look GOOD. (Its not so much as you're noticed but that He (The Lord) is noticed.	
Volunteering is about CONVIENENCE.	SERVING is about COMMITMENT.	
Volunteering can make people feel SUPERIOR.	SERVING is about HUMILITY.	
<ul> <li>3<sup>rd</sup> – Luke 6:38; Acts 20:35 and 2 Corinthians 9:7: Jesus instructs us to be a</li> </ul>		
<ul> <li>4<sup>th</sup> – Luke 18:1: Jesus directs us to be people of</li> </ul>		
<ul> <li>5<sup>th</sup> – Mark 11:22 – 24: Jesus charges us to be people of</li> </ul>		
<ul> <li>6<sup>th</sup> – John 13:34 – 35: Jesus commands us to walk in</li> </ul>		
■ 7 <sup>th</sup> – Romans 8:29: Paul, by the Holy	Spirit, declares us to be like	
TWO TYPES OF DYSFUNCTION:		
• (1) – DYSFUNCTION – Dealing with dysfunction in us – particularly in our soulish areas		
of life, laboring or leading (our minds, our wills and/or o		
Some examples: (1) Being (obsession based on a lack of spiritual discipline to		
deny fleshly, carnal tendencies, addictive and self-sabotaging behaviors and bad habits) (2) Being		
Narcissistic (egocentrism; self-absorbed) (3) Being Paranoid (characterized by suspiciousness;		
persecutory trends or megalomania [a delusional mental illness that is marked by feelings of personal omnipotence and grandeur]; extremely fearful) (4) Being Co-Dependent (basically and		
generally - dependence on the needs of or control by another.)		
	Il Dysfunction in Laboring and Leading in the Body:	
· · · · · · · · · · · · · · · · · · ·	<ul> <li>(1) Cynicism – having or showing the attitude or temper of a cynic; a faultfinding critic;</li> </ul>	
contemptuously distrustful or human nature and motives. You stop caring and having passion or		
	ding in the Church. This caps your leadership and	
	disconnect. And you move from being optimistic to	
- · · · · · · · · · · · · · · · · · · ·	a team's synergy when you have a critical and	
judgmental spirit and attitude!		
	<ul> <li>(2) Compromise – a concession and yielding to something derogatory or prejudicial.</li> </ul>	
<ul> <li>(3) Disconnection – to sever the connection</li> </ul>	o (3) Disconnection – to sever the connection of or between your authorities and accountabilities in	
laboring and leading. Disconnection leads to	dangerous living as laborer and leader. The stragglers	
and strayers get attacked first by the roaring	lions. Solitude is a gift from God. Isolation is tool of the	
devil! Stay connected!		
<ul> <li>(4) Irrelevance – Irrelevance is the gap betw</li> </ul>	een how things have changed and how much you	
	as laborers and leaders do not change; but our	

Spiritual Health Assessment: What specific areas of our Christian life and walk should we asses to

- methods can change. We are not just to be faithful, but also fruitful. This comes by staying in your laboring and leading. Without growing, learning, studying and staying current we try to apply old solutions to new problems. We demonstrate our irrelevance by being outdated and obsolete in our laboring and leading. Stay relevant! (5) Pride – arrogance; haughtiness; lack of humility; taking and touching the glory and praise instead of giving it to the Lord; a refusal to demote yourself but instead you promote yourself. (6) Burnout - laboring and leading on EMPTY! Laborers and leaders often feel that more people mean more work, which ultimately leads to burnout. We must live in ways today to help us thrive tomorrow and create laboring, serving and leadership habits that are sustainable and scalable. (7) Emptiness – feeling like you attained and achieved all there is and there is nothing to strive or live for. Feelings of low self-worth and "I don't I have what it takes" or "I'm too old, I'm not good enough", etc. The antidote for emptiness is to focus on the Kingdom of God. God always has the Harvest that ripe and ready and in need of laborers and leaders! DYSFUNCTION - This is issues of unhealthiness, conflicts of interest, and/or (2)division that exists within relationships. Relationship Challenges and Issues: a schism; unforgiveness; unreconciled differences; disputes; boundaryless problems. Avoid the Traps of Being Offended or Being Offensive! Making a Mental Note of and Avoiding Those Who Cause Divisions and Offenses: Romans 16:17 – 18 (NLT) – "17 And now I make one more appeal, my dear brothers and sisters. Watch out for people who cause divisions and upset people's faith by teaching things contrary to what you have been taught. Stay away from them. 18 Such people are not serving Christ our Lord; they are serving their own personal interests. By smooth talk and glowing words they deceive innocent people." LABORING AND LEADING LONG AND STRONG! (KEEPING THE DYSFUNCTION OUT OF YOUR GIFTEDNESS) Read 1 Timothy 4:6 - 16 (NKJV) Staying on track in leadership and ministry is not easy! There are four (4) things that always come at you in MINISTRY and in responsibilities of (#1) \_\_\_\_\_ who try to DIVERT you: "They tell what you <u>SHOULD</u> be doing". that try to DISCOURAGE you: "You CAN'T do this."
  that DISTRACT you: "You don't have TIME for this." that DISAPPOINT you: "You're not sure it will WORK if you do this." It is easier to <u>LABOR</u> and to <u>DO LEADERSHIP</u> it than <u>BE A LABORER</u> and <u>A LEADER</u>. We have to live beyond PEOPLE-imposed boundaries. SOME KEYS: 1st KEY = BE AN - (5 Specific Areas of Example): (1 Timothy 4:12): HABIT - This means two things (1) \_\_\_ 2<sup>nd</sup> KEY = HAVE A STRONG . It is the DEDICATION of your heart and the DISCIPLINE of your flesh as you read and feed on the WORD OF GOD. In the dedication of your heart you learn what you're supposed to DO; the discipline of your flesh you learn what you're supposed to STICK to. FOCUS is the ability to see what HAS to be done, and what COULD done and what CAN be left undone. We learn the VALUE of FOCUS with this
  - <u>3rd KEY = MANAGE WELL YOUR SPIRITUAL GIFTS</u> (<u>1 Timothy 4:14</u>) (1) Don't neglect or ignore it (2) Stir it up! (<u>2 Timothy 1:6</u>)

time in the Word of God daily. Exhortation – Surround yourselves with people who encourage us with God and His Word. Doctrine – hang around people who help us expound the principles and practices of God's

is not doing everything but doing God's thing. Reading - God's Word; spend quality

key. (1 Timothy 4:13). If you learn to \_\_\_\_\_\_ then you can learn to be FAITHFUL.

Word. You need a private time, group/congregation time, and learning / study time.

• 5 POINTS TO CONSIDER IN ORDER TO NOT NEGLECT OUR GIFTS:

- (1) PRIORITIZE OUR GIFT (Example: Martha Luke 10:38-42) When you have a gift and lack PRIORITY - you "BURN OUT".
- (2) PERSPECTIVE WITH OUR GIFT (Example: Corinthian Church 1 Corinthians 12:18 28) -When you have a gift but lack the proper PERSPECTIVE – you "MISS OUT".
- (3) PASSION WITH OUR GIFT (Example: Timothy 2 Timothy 1:6 7) When you have a gift but lack PASSION - you "GIVE OUT".
- (4) PURPOSE OF YOUR GIFT (Example: Paul Acts 20:17 24) When you have a gift but lack PURPOSE - you "WEAR OUT".
- (5) PRINCIPLES WITH OUR GIFT (Example: Samson Judges 13 16) When you have a gift but lack PRINCIPLES - you "STRIKE OUT."
- is to you what **CULTURE** is to your ministry or Church. Seek (Proverbs 1:7; Proverbs 4:4-7; James 1:5); Know when and what to \_\_\_\_ (Your Integrity, Relationships, Emotions, Money, Heart). You should find yourself at the <u>DESTINATION</u> of your <u>DIRECTION</u> and not at the **DESTINATION** of your **DESIRE**.
- Three Causes of Church Dysfunction and Decline: (1) Internal dysfunction that is sapping the community of its life, such as conflict; wrong people in wrong places; unrealistic expectation of staff, boards, and volunteers. (2) Structural issues, such as boards that micromanage of pastoral care being vested in one or a

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	volunteering (2) <u>en volunteering rootsee</u> , deer de bedrach indirection de la constant de la con
	handful of leaders. (3) An inward focus that refuses to acknowledge the need to change to be effective with
	outsiders.
SOME O	THER ITEMS THAT WILL HELP OUR FUNCTIONALITY AND HEALTH:
•	As Pastors / Leaders: Our functionality, health and growth contribute to our church's functionality, health and growth. People's pain (Acts 6); Personal pain (Acts 20:22-23); Staff pain (Acts 15:37 – 39) and Growing pains (Acts 15:1-2) accompany our growth and our church's growth: "No pain, no gain" (Romans 8:17 – 18); What is your "Pain Threshold"? Ministry grow to the level of your pain threshold. Pain creates its own barriers. Pain problems cause us to lose our perspective – in other words, we look to the wrong things to eliminate our pain and we stop BEING as good Member and Minister, laborer and leader.  Growing our pain threshold involves four areas: (1) why do you do what you do? Your purpose must be expanding. Without purpose, the day-to-day stuff alone will crush you. (2) for who do you do what you do? Our passion must be growing. Without passion, your problems will overwhelm you. (3) how long do you do what you do? Our patience has to be able to stretch. Without patience the little things will eat away at you. (4) how do you do what you do? Our prayer must increase. Without prayer, life is bigger than you.
NOTES:	