



TWCC Sermon Connection Handout

Sunday, January 5th, 2020

Sermon Series: Reset 2020 (Reestablishing Keys to Starting this New Year and New Decade Strong)

Sermon Title: Reset Keys – Faith and Fasting

Opening Scripture Text: Colossians 3:1 – 2 (AMPC) – “If then you have been raised with Christ [to a new life, thus sharing His resurrection from the dead], aim at and seek the [rich, eternal treasures] that are above, where Christ is, seated at the right hand of God. ² And set your minds and keep them set on what is above (the higher things), not on the things that are on the earth.”

- This first Service of the New Year and New Decade I invite you to set your spiritual compass and reestablish and RESET some fundamental keys that will catapult you into a successful and triumphant trajectory of _____ and _____.
- Over the next 4 weeks, we will submit to you eight (8) powerful keys to reestablish and _____ in your life to start this new decade and year of strong and stay strong throughout the year! We will share two keys each week by the grace and help of God.
- The Eight Keys are: (1) _____ (2) _____ (3) _____ (Godly, Holy Fear) (4) _____ (5) _____ (6) _____ (7) _____ and (8) _____. Think of these as 8 _____ to a fresh start to a New Year and Decade of your life!

KEY #1: FAITH

Read Hebrews 11:1 – 12 (NKJV)

- As we shared before FAITH is not a movement, but FAITH is a lifestyle.
 - **Hebrews 10:38a (NKJV)** – “Now the just shall live by faith; but if anyone draws back, My soul has no pleasure in him.” FAITH is our DNA as a Born-again Believer and Christ follower!
 - **2 Corinthians 5:7 (NKJV)** – “For we walk by faith, not by sight.”
- FAITH is lifestyle based upon a relationship between God and His Word. FAITH is a spiritual force; FAITH is God’s creative power; FAITH is the substance of things hope for and the evidence of things not seen.
- This is how we all should approach faith. Faith is a long-term relationship with God built over our lifetime.
- **FAITH IS A PRESENT TENSE KIND OF THING.** When you begin to embrace faith, it changes a lot about you: Spiritually, Emotionally, Mentally and Conversationally.
- **FAITH FIRST CHANGES US. FAITH STARTS WORKING BY CHANGING YOU!** The reason your problems follow you is because you have not allowed your faith to _____ you.
 - One of the main purposes of FAITH is to _____ things or _____ things. Most people enjoy and focus on the _____ things part and purpose of FAITH. And, that’s good. However, too often we ignore the _____ things part and purpose of our FAITH.

- **THE QUICKEST SIGN OF GROWING FAITH IS _____.** IF YOU AREN'T UNCOMFORTABLE, YOUR FAITH IS MOST LIKELY _____.
- **2 Thessalonians 1:3 (NKJV)** – “We are bound to thank God always for you, brethren, as it is fitting, because your faith grows exceedingly, and the love of every one of you all abounds toward each other.”
- It is important to note that your _____ can't outgrow your _____ and _____ walk.
- **YOU NEVER GET MORE OF GOD WITHOUT GOD GETTING MORE OF YOU!**
- FAITH IS HOW WE CAN ACCESS THOSE HEAVENLY BLESSINGS HERE ON EARTH. **Hebrews 11:1 (NKJV)** – “Now faith is the substance of things hoped for, the evidence of things not seen.”
- **FAITH WILL TAKE WHAT IS TRUE IN HEAVEN AND WILL CAUSE IT TO BE REAL ON EARTH.**
- Without FAITH, there can be no fresh or strong start. That's because FAITH is a catalyst for _____ – it awakens our heart (spirit) to see (by revelation knowledge) what is possible and provides the empowerment to move forward.
- **A LITTLE THING CALLED HOPE: Read Hebrews 11:1 (NKJV)**
 - _____ must be connected to _____!
- **TESTAMONY FROM THE ELDERS: Hebrews 11:2 – 3 (NKJV)** – “² For by it the elders obtained a good testimony.³ By faith we understand that the worlds were framed by the word of God, so that the things which are seen were not made of things which are visible.”
- **THE FAITH OF OUR FOREFATHERS TEACH US:**
 - **1st ELDER OF FAITH** = ABEL exemplifies faith through _____ (**Genesis 4:1 – 5**). This first example of FAITH is not about us _____ something from God; it is about _____ God something!
 - **2nd ELDER OF FAITH** = ENOCH demonstrates faith to us through his _____ with God. Faith isn't just about our saying; it's about our doing. Our _____ must be louder than our lips! It must show up in our life!
 - **Genesis 5:22b (NKJV)** – “Enoch walked faithfully with God 300 years...”
 - Friends, Abel's faith is saving faith; but Enoch's faith was transforming faith! Transformation is the 2nd Step after Salvation.
 - (1) A Walk with God is public, not private. (2) It was a step, not a leap. (3) It was today, not tomorrow. (4) Walking comes down to you. (5) Walking means you are with God.
 - **3rd ELDER OF FAITH** = NOAH demonstrates the _____ and _____ of FAITH. Noah shows us five ways how faith is not a well-kept secret. **Read Hebrews 11:7 (NKJV)**
- **What should we do with our FAITH? (1st) _____** – Determine and daily decide to Study, Meditate, Read and Feed on the Word to grow in FAITH (**2nd**) _____ – What are you believing and trusting God to BE, GIVE and DO in 2020? (**3rd**) _____ – Delve into God's Word and discover His promises that are applicable to you. Then, by faith, declare those promises in and over your life.

KEY #2: FASTING

Read Matthew 6:16 – 18 (NKJV) A diet changes the way you look, but _____ changes the way you _____. When we _____, we position ourselves to hear from God and to _____ things from His perspective.

- **REASONS TO FAST:**
 - **Read Isaiah 58:6 – 7 (NKJV)** – To remedy spiritual **BONDAGES**, **BARRIERS** and **BURDENS**.
 - **Read Ezra 8:21 (NKJV)** - For our **FAMILY**, our **FINANCES** and our **FUTURES**.
 - **Read Joel 2:12 – 27 (NKJV)** – For **REPENTANCE**, **RENEWAL** and **RESTORATION**.
 - **Read Acts 13:1 – 3 (NKJV)** – For **CONSECRATION** and **COMMITMENT** to the CALL of God!
- Through **PRAYER** and **FASTING**: (1) We encounter _____! (2) By revelation our _____ is unfolded!