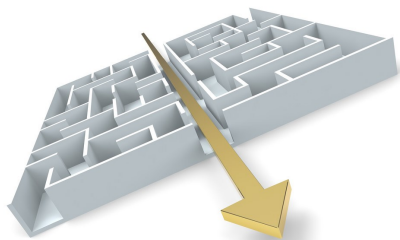


**THIS
IS WHAT
WE DO**



Psalm 34:14



SIMPLIFY

Sermon Connection Bulletin

(Healthy Practices For Uncluttering Our Soul)

Sunday, April 30th, 2017

FINDING PEACE IN STRESSFUL SITUATIONS

Triumphant Word Christian Center

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"Triumphant In Christ, Victorious In Life!"



Sermon: "Simplify"

Sunday, April 30th, 2017

Psalm 119:130 (NLT) - "The teaching of your word gives lift, so even the **simple** can understand."

2 Corinthians 11:3 (NKJV) - " But I fear, lest somehow, as the serpent deceived Eve by his craftiness, so your minds may be corrupted from the **simplicity** that is in Christ."

SIMPLICITY = singleness, sincerity (without dissimulation or self-seeking); mental honesty; the virtue of one who is free from pretense, guile and hypocrisy; the state of being simple, uncomplicated, or uncompounded; clarity.

TO WORSHIP OR TO SERVE? MARY OR MARTHA? (Read Luke 10:38 - 42 (NLT))

TEN PRACTICES TO UNCLUTTER YOUR SOUL (Continued):

- (From **exhausted** to **energized**... Replenishing your energy reserves)
- Simplified living requires more than just organizing your closets or cleaning out your desk drawer. It requires _____ your soul.
- These aforementioned ten key practices are vital to keeping your _____ clutter-free. These practices help us overcome the _____ that keep us from living the life "to the full" that Jesus promises in **John 10:10 (NLT)** - "*The thief's purpose is to steal and kill and destroy. My purpose is to give them a rich and satisfying life.*"
- This is what we need to know: *Change is possible!* Whether you're teetering on the edge of a *clutter collapse* or you're just starting to realize that some minor life adjustments are in order you can **SIMPLIFY**.
- YOU MAY WELL HAVE TO **SIMPLIFY** TO LIVE THE LIFE GOD IS INVITING YOU TO LIVE. How full is your bucket? How depleted are you? How long has it been since you have felt fully replenished?
- **REPLENISHING YOUR ENERGY RESERVES (5 Keys to Replenishment):**
- (1) **Connecting with _____**. (Spending time with God each day is the antidote to the energy-killers that come to constantly drain us.)
- (2) _____. **Psalm 127:3** says, "*Children are a gift from God...*"
- (3) _____ **Work. Ecclesiastes 5:18 (NLT)** - "*Even so, I have noticed one thing, at least, that is good. It is good for people to eat, drink, and enjoy their work under the sun during the short life God has given them, and to accept their lot in life.*"
- (4) _____. **Matthew 14:13 (NKJV)** - "*When Jesus heard it, He departed from there by boat to a deserted place by Himself. But when the multitudes heard it, they followed Him on foot from the cities.*"
- (5) _____. **1 Timothy 4:8 (NKJV)** - "*For bodily exercise profits a little, but godliness is profitable for all things, having promise of the life that now is and of that which is to come.*" We must make and maintain a commitment to good physical, mental, emotional, relational, financial and spiritual health. Holistic health should motivate and move us to positive energy and experiences.

- Like Martha, people can be so consumed with _____ what they think they should that they miss what God _____. Our Father God wants us to: _____ first; **BELONG** next; then **BEGET** (**Read Romans 1:1**)
- If there is anything more important than _____ Jesus, it is _____ being in His Presence.
- **Read Hebrews 11:1 - 7**; *The Progressive Process of our Life of Faith* is **Simply...**
- (1) Faith teaches us how to _____ God.
- (2) Faith teaches us how to _____ with God.
- (3) Faith teaches us how to _____ with and for God.
- _____ is **SIMPLY** paramount and top priority. Worship helps us put His Presence, His purposes, His plans and His priorities first.
- Worship keeps Him at the center of our focus and the single object of our faith!
- Worship helps us "zoom out" - from what's _____ with **us** and our **circumstances** and helps us "zoom in" on what's _____ with God.
- Worship **SIMPLY** helps us **UNCLUTTER** and **UNCOMPLICATE** our _____. (**Soul = Mind, Will and Emotions**).
- **Read Philippians 3:1 - 14**



TEN PRACTICES TO UNCLUTTER YOUR SOUL:

<ul style="list-style-type: none"> • From exhausted to energized • Replenishing Your Energy Reserves <p>#1 - Strategy</p>	<ul style="list-style-type: none"> • From overscheduled to organized • Harnessing Your Calendar's Power <p>#2 - Strategy</p>	<ul style="list-style-type: none"> • From overwhelmed to in control • Mastering Your Finances <p>#3 - Strategy</p>	<ul style="list-style-type: none"> • From restless to fulfilled • Refining Your Working World <p>#4 - Strategy</p>	<ul style="list-style-type: none"> • From wounded to whole • Making Room for Forgiveness <p>#5 - Strategy</p>
<ul style="list-style-type: none"> • From anxious to peaceful • Conquering Your Fears <p>#6 - Strategy</p>	<ul style="list-style-type: none"> • From isolated to connected • Deepening Your Relational Circles <p>#7 - Strategy</p>	<ul style="list-style-type: none"> • From drifting to focused • Claiming God's Call on Your Life <p>#8 - Strategy</p>	<ul style="list-style-type: none"> • From stuck to moving on • Welcoming New Seasons in Your Life <p>#9 - Strategy</p>	<ul style="list-style-type: none"> • From meaningless to satisfied • Living and leaving the Legacy of a Simplified Life <p>#10 - Strategy</p>
