



Wednesday Night

RECHARGE

“Focus on the Fruit”

FEBRUARY 2017 – TWCC TEACHING SERIES EMPHASIS
WEDNESDAY, FEBRUARY 1ST, 2017



Soul Detox & Spiritual Development


¹⁸ But if you are led by the Spirit, you are not under the law.¹⁹ Now the works of the flesh are evident, which are: adultery, fornication, uncleanness, lewdness, ²⁰ idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies, ²¹ envy, murders, drunkenness, revelries, and the like; of which I tell you beforehand, just as I also told you in time past, that those who practice such things will not inherit the kingdom of God. ²² But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, ²³ gentleness, self-control. Against such there is no law. – Galatians 5:18 – 23 (NKJV)

Read Galatians 5:16 – 17

- The flesh and the spirit are so contrary to one another that walking in the Spirit automatically excludes walking in the flesh. Although born-again, Christian-believers still experience fleshly desires, they will battle those desires rather than repeatedly indulging them.
- Over time, a Christian-believer should increasingly bear the fruit of the Spirit and be more successful in his or her battle against fleshly lusts (desires) and sinful temptations.
- 1 Peter 2:11 (KJV) – “Dearly beloved, I beseech you as strangers and pilgrims, **abstain** from fleshly lusts, which war against the soul...”
- Acts 15:20 (KJV) – “But that we write unto them, that they **abstain** from pollutions of idols (spiritual sin), and from fornication (sensual sin)...”
- 1 Thessalonians 4:3 (KJV) – “For this is the will of God, even your sanctification, that ye should **abstain** from fornication...”
 - **Abstain** = to hold oneself off; refrain; the hold back; keep off; prevent
- **Walk** is in the present tense, indicating a _____ of life. To walk in the Spirit is to have a daily habit of continual obedience. Paul by the Holy Spirit challenges us to keep moving in the enabling power and work of the Holy Spirit.
- **Freedom is not unrestrained behavior.** A life of doing whatever we want, whenever we want, is in reality a life of _____ rather than freedom.
- To be led by the Spirit implies that we are allowing ourselves to be led. As we invite the Holy Spirit through our newborn, recreated human spirit to direct us and development the fruit of the Spirit in us, He enables us to defeat the power of the flesh more and more so we can walk in a way of freedom and righteousness. (Romans 8:14)
- **THE WORKS OF THE FLESH FALL INTO THREE (3) CATEGORIES:** (1) _____ SINS (Galatians 5:19) (2) _____ SINS (Galatians 5:20a), and (3) _____ SINS (Galatians 5:20b, 21).
- Notice that most of works of the flesh are social sins. It is in our personal relationship that the flesh most often appears.
- _____ is the act of worshipping anything other than God. We are created to worship God, love people, and use things. Too often carnal, body-ruled believers we use people, love self, and worship things.

SOUL DETOX...

- God's standard is _____. He made us _____ and He expects for us to live _____.
- Holy because of:
 - (1) Our New Birth in Christ (We CREATED Holy) – [Read 1 Corinthians 3:16-17; Ephesians 1:4; Colossians 3:12](#)
 - (2) Our Calling to Live in Christ (We are _____ to Live Holy) – [2 Timothy 1:9; 1 Peter 1:15-16; 2 Peter 3:11](#)
- We are to practice _____ living in a contaminated world. This requires us to consistently _____ our soul.
- **THREE (3) PARTS OF SOUL DETOXING:**
 - **Part 1: TOXIC _____:**
 - (1) _____ Infection: Telling ourselves the Truth; aligning our lives with Truth.
 - (2) Septic _____: Overcoming any false beliefs or bad doctrine we have embraced.
 - (3) Lethal _____: Engaging in and experiencing the power of life-giving words.
 - (4) _____ Waste: Dealing with any hidden sins.
 - **Part 2: TOXIC _____:**
 - (1) Bitter Roots: Digging up any destructive source of resentment.
 - (2) Green with _____: Dealing with scratching the "poison ivy" of _____.
 - (3) _____ Rash: Neutralizing the acid of _____.
 - (4) Scare Pollution: Unlocking and unlearning any chokehold of FEAR!



But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law. Galatians 5:22, 23 NKJV

SOUL DETOX (Continued)...

- **THREE (3) PART OF SOUL DETOXING (Continued)...**
 - **Part 3: TOXIC _____:**
 - Mood Poisoning: Purging the false promises of MATERIALISM.
 - _____ Warfare: Cleansing our lives of _____ Toxins.
 - Radioactive Relationships: Loving _____ people without getting sick.
 - Religion Gone Bad: Tossing out moldy LEGALISM, spoiled TRADITION, and sour CHRISTIANS.

THE FRUIT OF THE SPIRIT:

- The list of spiritual fruit falls into three (3) categories: (1) _____ qualities (**Love, Joy and Peace**); (2) _____ qualities (**Longsuffering, Kindness, Goodness**); and (3) _____ qualities (**Faithfulness, Gentleness and Self Control**).
- Calling these Spirit-produced, spiritual forces and characteristics of our newborn, recreated human spirit **FRUIT** indicates beauty, spontaneity, quietness, and growth instead of effort, labor, strain, and toil.
- The use of the singular (**FRUIT**) indicates that there is a unity and coherence in the outworking of these virtues.
- **VICTORY COMES THROUGH SURRENDER TO CHRIST, NOT SELF-EFFORT!** Because our flesh has already been crucified and we have already received the Holy Spirit, Paul by the Holy Spirit, urges us to live in our _____ what we already are in _____. [Read Galatians 2:20; Romans 6:13](#)