



# Body Building Excellence

TWCC Teaching Outline - Wednesday, September 7<sup>th</sup>, 2016

**Read 1 Corinthians 12:12 – 28; Ephesians 4:15 - 16**

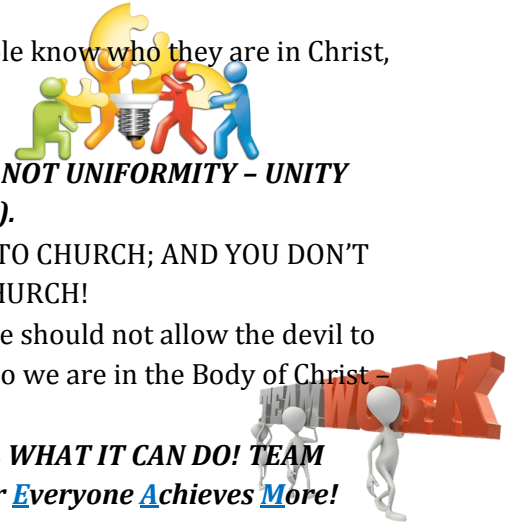
## Definitions and Different Types of Gifts and Ministries:

- **Spiritual Gifts:** Greek = “Charisma” (Romans 12 and Ephesians 4:7): a Divine gratuity; a spiritual endowment; free gift; the gift of Divine grace; benefit; gracious, joy gift; [grace or gifts denoting extraordinary powers, distinguishing certain Christians and enabling them to serve the Church (Body) of Christ, the reception of which is due to the power of Divine grace operating on their souls by the Holy Spirit]. (1) Prophecy (2) Ministry (3) Teaching (4) Exhort [Encouragement] (5) Giving (6) Rules and (7) Showing Mercy
- **Ministry Gifts:** Greek – “Doma” (Ephesians 4:8, 11): ministry; ministration; administration; governing [ruling] = (1) Apostles (2) Prophets (3) Evangelists (4) Pastors and (5) Teachers
- **7 Prominent Ministries in the Local Church by the Help (Anointing) of Holy Spirit and Grace of God Working Through The Believer:** (1) *Ministry of the Word* (Acts 6:4; 2 Timothy 4:1 – 2) (2) *Ministry of Prayer* (Act 6:4; 1 Timothy 2:1 – 8; Ephesians 6:18-20)(3) *Ministry of Reconciliation* (2 Corinthians 5:18 – 20) (4) *Ministry of Restoration* (Galatians 6:1, 2) (5) *Ministry of Helps* (1 Corinthians 12:28) (6) *Ministry of Encouragement* (Acts 27:22; 1 Thessalonians 4:1; 1 Thessalonians 5:14; 2 Thessalonians 3:12; Titus 1:9; Titus 2:15; Hebrews 3:13) (7) *Ministry of Comfort [Consolation]* (2 Cor 1:3 – 7; 1 Thess 4:13 – 18)

## COMPACTING OF THE BODY

- We have been knitted together in Jesus. Once covenant has been made, you’re never a single person again. We comprehend God together. Isolation and independence is not God’s-plan for us.
- The Body is our Divine Calling. To minister to Jesus, the Body, is the calling of every joint in the Body. The ministry of the Body is reconciliation.
- Manifestations of the Holy Spirit are given to minister to Jesus by ministering to His Body.

- We make and contribute increase to the Body when: (1) Everyone is “making their supply” (2) Everyone is “working effectually”
- There’s two identities the enemy wants to steal from us: (1) Our *individual* identity and our (2) *corporate* identity
- **Corporate** = Latin word (corpus); which means body. People know who they are in Christ, but they don’t know who they are in the Body of Christ.
- We must find and stay in our place, and stay in our grace!
- **THE CHURCH MUST HAVE CORPORATE IDENTITY! UNITY NOT UNIFORMITY – UNITY COMES FROM AGREEING WITH THE HEAD (JESUS CHRIST).**
- YOU DON’T HAVE CORPORATE IDENTITY IF YOU JUST GO TO CHURCH; AND YOU DON’T HAVE CORPORATE IDENTITY IF YOU’RE NOT BEING THE CHURCH!
- Comparison and competition are the fruit of foolishness! We should not allow the devil to steal our identity of: (1) Who we are IN CHRIST and (2) Who we are in the Body of Christ – in that order.
- **WHEN A CHURCH WORKS TOGETHER IT IS PHENOMENAL WHAT IT CAN DO! TEAM WORK MAKES THE DREAM WORK! TEAMS WIN! Together Everyone Achieves More!**



## BODY BUILDING 101

- “Too many Christians are functioning in this life as a spiritual amputee! They’re unattached to the Body of Christ.” Take your place, get in your grace!
- **Read 1 Corinthians 12:12**
  - **Body Building Key #1:** The body is a beautiful picture of the local church.
- **Read 1 Corinthians 12:13 – 19**
  - **Body Building Key #2:** The greater our diversity, the greater our strength.
- **Revelations 7:9** - *“After this I looked and there before me was a great multitude that no one could count, from every nation, tribe, people and language, standing before the throne and in front of the Lamb. They were wearing white robes and were holding palm branches in their hands. ”*
- **Galatians 3:28 – 29** - *“There is neither Jew nor Gentile, neither slave nor free, nor is there male and female, for you are all one in Christ Jesus. If you belong to Christ, then you are Abraham’s seed, and heirs according to the promise.”*
  - **Body Building Key #3:** Our value is determined by our participation, not our position.
- **1 Corinthians 12:15 – 16** - *“Now if the foot should say, “Because I am not a hand, I do not belong to the body,” it would not for that reason stop being part of the body. 16 And if the ear should say, “Because I am not an eye, I do not belong to the body,” it would not for that reason stop being part of the body. “*
- **1 Corinthians 12:17 – 18** - *“If the whole body were an eye, where would the sense of hearing be? If the whole body were an ear, where would the sense of smell be? But in fact God has placed the parts in the body, every one of them, just as he wanted them to be.”*

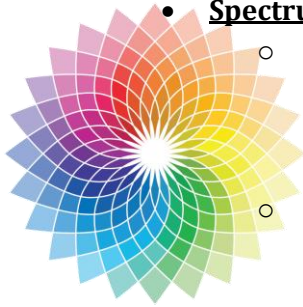
- **Hebrews 10:24 - 25** - “And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching.”
  - **Body Building Key #4:** We build a stronger body when we choose to belong.

**KEYS TO PREPARE FOR THE CALL TO GROW IN, SERVE WITH AND STRIVE FOR EXCELLENCE**

**Read Philippians 3:13 - 14**

- We must embrace our call individually and collectively together as both “parts” of the Body and as the “whole” Body (the Local Church).
- We are called! What we are called to is our God-given, grace-given MINISTRY to serve the Lord and others with and through.
- **YOU ARE A MINISTER AND YOU HAVE A MINISTRY!**
  - It could be a pulpit ministry to a serving ministry in the ministry of helps or a money ministry of distribution and giving to others, to the ministry of reconciliation or encouragement or prayer, etc.
- **OUR BODY IS STRONGER WHEN EVERY MEMBER BECOMES A MINISTER; AND EVERY MINISTER PREPARES AND PURSUES THEIR RESPECTIVE MINISTRY WITH EXCELLENCE!**

• **Spectrum of Excellence:**



- **1st - In our SPIRIT** (Attitude/Mind-set) by being (**Philippians 2:3 - 5**):
  - (1) **Selfless** not selfish!
  - (2) **Submissive**
  - (3) **Secure**
- **2nd - In our SOWING** (Time, Talent & Treasure) by being:
  - **Generous** - (Generosity is the true measuring stick of a minister / leader); If a minister or leader is not generous he or she can't stop the flowing and growing of the ministry (ref Achan, Ananias and Sapphire). Give God and others in the Body your best time, your best talent, your best energy and your best money and material resources.
  - **Gracious** - (Get in your place, and get in your grace; allow the empowering grace of God to enable and equip you to sow and serve excellently. Be kind, useful and beneficial to others.)
  - **Good** - (Doing consistently and faithfully good, being better than good to others; behaving good, godly and God-like in all that we think, say and do - with, in and for the Body)
- **3rd - In our SERVICE** by:
  - **Focusing on Others** (be “we-minded” Vs “me-minded”; others first mentality)
  - **Forging** through, around, and over **Obstacles** (through the Wisdom of God - think through problems, pressure and pain)
  - **Flinging-away** temptations to get **Offended** (Don't take the bait of Satan...it's a trap!)
- **Stir up a Vision (Goal) of Excellence!** (3 Keys):
  - It must be **desirable!**



- It must be ***distinct!*** (Simple, Clear and Concise... Unique Purpose)
- It must be ***doable!*** Remember, if you can do it yourself, it is not of God. Excellence requires God's help and grace to achieve. But, it must have legs to walk out by faith!
- **7 Practical Skills to Teach or Learn for Developing Excellence:**
  1. ***Show up*** – promotion in life – can't get promoted if you don't show up.
  2. ***Stewardship*** – take ownership of areas – you make it succeed – no rental car policies
  3. ***Shepherd's Heart*** – as a pastor, I can't reach every person – get in their face; challenge them – policy vs. people; give the vision “fresh legs” by *catching* and *carrying*, and *cascading* the vision of the house (the Body/Church).
  4. ***Submit*** – won't always agree – that's ok; there's no perfect person or church
  5. ***Serve*** – servant's heart – never outgrow servant hood
  6. ***Surpass Expectations*** - ...and then some. Excellence! That's the standard! Don't seek to impress, just be impressive!
  7. ***Solve Problems*** – Bring 2 solutions – increase creativity to solve problems by 36%  
Bring 3 solutions – increase it by 61%
- **Principles to Prepare for the Call to Excellence: (Read Acts 13:2 – 4)**
  1. An excellent minister pursues the change that will prepare him for the future.
  2. An excellent minister chooses to dismantle his life in times when he can withstand the pain of change and transition.
  3. An excellent minister embraces short-term denial in order to create long-term benefits.
  4. An excellent minister understands that lasting change requires rooting out yesterday's pain in order to experience relief from yesterday's memories. Learn to forget!
  5. An excellent minister always builds his life on a firm foundation.
  6. An excellent minister lives life by his principles, not by his emotions.
  7. An excellent minister knows that testing (a “defining moment”) is required for promotion.
  8. An excellent minister knows that today's excellence is tomorrow's mediocrity.
  9. An excellent minister is convinced that every step away from temptation is one step closer to God's dream within him.
  10. An excellent minister knows that obedience to the known will of God is the key to unlocking His unknown will.
  11. An excellent minister establishes God's principles in his life one step at a time.
  12. An excellent minister uses focus to deliver him to his God-given destination.
  13. An excellent minister cannot determine the time of his promotion, but he can prepare himself for his reception of it.

